

10 Steps to Teaching and Learning Independence

1. Identify what is to be taught
2. Setting Purpose – Sense of Urgency
3. Brainstorm behaviors desired using an I chart
4. Model most desirable behaviors
5. Tough model - least desirable behaviors then most desirable
6. Everyone practice and build stamina (3 minutes)
7. Stay Out of the Way
8. Quiet Signal – Come back to Group
9. Group Check In – “How Did You Do?”
10. Repeat one through nine

